

We are thrilled to have you join our academic community, and we extend our warmest greetings to you as you embark on this exciting journey of higher education. Congratulations on choosing to pursue your dreams and academic aspirations with us. As you begin your educational adventure, we want to assure you that we are committed to providing you with a supportive and stimulating learning environment that fosters personal growth and intellectual development.



# **ACADEMIC LIFE**

At IBU, we believe in cultivating a culture of excellence, diversity, and innovation. Our esteemed faculty members are experts in their respective fields and are dedicated to imparting knowledge, guiding critical thinking, and nurturing your intellectual curiosity. You will have access to cuttingedge facilities, resources, and research opportunities that will enhance your learning experience and allow you to make a real impact in your chosen field of study. Moreover, our campus community is a vibrant tapestry of cultures, ideas, and experiences. Embrace the opportunity to connect with fellow students from various backgrounds, as these interactions will not only enrich your academic journey but also broaden your perspectives on the world.



Throughout your time at IBU, we encourage you to actively engage in extracurricular activities, clubs, and organizations. These experiences will help you develop leadership skills, build lifelong friendships, and create memories that will stay with you forever. As you transition into this new phase of life, we understand that you may have questions or need assistance. Our dedicated staff at the Wellbeing Student Center is always here to support you. Whether you need academic advising, career guidance, or simply someone to talk to, we are here to help you thrive during your time here.





# **ACADEMIC ADAPTATION**

## **1. Meet the Faculty :**

#### **Introduction Sessions:**

- Attend introductory sessions with your professors and academic advisors. These meetings can provide valuable insights into your courses and expectations.
- Office Hours: Make a note of your professors' office hours and visit them if you have any questions or need academic support.

#### 2. Understand the Curriculum

Familiarize yourself with IBU's academic structure, including course offerings, grading systems, and regulations. Review the course syllabi and meet with academic advisors when needed.

### **3. Use Campus Resources**

- Take advantage of IBU's academic resources, including the library, IT support, and any academic workshops or other services offered.
- Student Services: Learn about available student services such as Students Affair Office (SAO), Legal Offairs Office, Finance Accounting Office (FSO), IT Unit, International Relations Office (IRO), Student Wellbeing Center (SWC)

# **MEET OTHER INTERNATIONAL AND LOCAL STUDENTS- BUILD NEW FRIENDSHIPS**

## 1. Connect with Peers\*:

# 2. Engage in Campus Life

# **3. Participate in Cultural Exchange**

build connections.

# Here's a tailored guide to help you get acclimated and make the most of your time at IBU:



### **Campus Navigation:**

#### **Explore the Campus:**

Take a guided tour of IBU to become familiar with key locations such as academic buildings, libraries, and recreational areas.

### **Campus Map:**

Use the campus map to help you find your way around.

### **Communication Channels:**

#### Stay informed!

Keep an eye on your email and our website and social media for news and updates about these exciting activities.



 Make an effort to interact with both local and international students. Building a diverse network can provide support and enhance your university experience.

 Join Students Clubs and Organizations. Explore the variety of student clubs and find groups that match your interests and skills.

• Participate in Events: Attend campus events, workshops, and social gatherings to meet fellow students and become involved in the vibrant IBU community.

 Engage in cultural exchange activities to share your background and learn about others'. This can be a rewarding way to understand different perspectives and

> Don't hesitate to use campus resources if you need assistance with academic or personal challenges.

Contact us: Student Wellbeing Center swc@ibu.edu.mk

Counselling and Psychological Service (CAPS) caps@ibu.edu.mk

**Use HELLO Application for appointment**